

LYNDEN VENTURES LTD.

3rd Floor, 157 Alexander Street
Vancouver, BC V6A 1B8
Tel: (604) 684-0561 Fax: (604) 602-9311

December 6, 2005
TSXV: LVL

VANCOUVER, BC – December 6, 2005 – Lynden Ventures Ltd. (TSXV: LVL) reports that at its annual meeting of shareholders, held on Monday December 5, 2005, Colin Watt, John McLennan and Ron Paton were re-elected as directors. Additionally, shareholders approved the company's proposed 10% rolling stock option plan and also approved the continuation of the company from Ontario to British Columbia.

The company's change of domicile to British Columbia and implementation of its stock option plan will proceed upon receipt of TSX Venture Exchange acceptance of the relevant filings.

ON BEHALF OF THE BOARD OF DIRECTORS
LYNDEN VENTURES LTD.

"Colin Watt"
President and CEO