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TSXV: LVL

## LYNDEN ENGAGES TORREY HILLS CAPITAL FOR INVESTOR RELATIONS

**VANCOUVER, BC (May 21, 2010)** – Lynden Energy Corp. (TSXV: LVL) reports that the Company has engaged San Diego Torrey Hills Capital Inc. (“Torrey Hills Capital”) of San Diego, California to provide investor relation services to the Company.

Torrey Hills Capital is a leading investor and financial public relations firm specializing in small and micro-cap companies, primarily in the natural resource sector. Torrey Hills Capital will increase awareness about Lynden through its established relationships with investment professionals, investment advisors, and money managers focused on the microcap market space. This will allow Lynden to build and maintain an informed investor audience. Torrey Hills Capital will also develop a profile on Lynden for coverage on its website, [www.babybulls.com](http://www.babybulls.com), a website developed to showcase and provide exposure for emerging micro-cap companies to an audience of proven micro-cap investors.

Torrey Hills Capital has been engaged for an initial term of six months at a monthly fee of US\$5,000. In addition, the Company has agreed to the granting of options to purchase 200,000 common shares of Lynden at a price of CDN\$0.70 per share for up to three years. The principal of Torrey Hills is Cliff Masticola.

The agreement is subject to the approval of the TSX Venture Exchange.

ON BEHALF OF THE BOARD OF DIRECTORS

**LYNDEN ENERGY CORP.**

**“Colin Watt”**

President and CEO

*This press release contains certain forward looking statements which involve known and unknown risks, delays and uncertainties not under the Company’s control which may cause actual results, performances or achievements of the Company to be materially different from the results, performances, or expectations implied by these forward looking statements. This news release does not constitute an offer to sell or a solicitation of an offer to buy any of the securities in the United States.*

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