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TSXV: LVL

ACQUISITION OF PARADOX BASIN SOUTHERN PROSPECT CLOSES

VANCOUVER, BC (July 31, 2007) – Further to the Company's news release dated June 6, 2007, Lynden Ventures Ltd. (TSXV: LVL) reports that it has completed the acquisition of a 25% before payout working interest (23.75% after payout working interest) in the Southern Prospect Area of the Paradox Basin Project, Utah.

Included in the acquisition are three recently re-entered wells where the operator completed and flared significant gas from numerous zones. Two of the three wells are now tied into a recently built gathering system and production is now into sales. The operator intends to re-drill the third well as a result of operational problems encountered in the well. Preparations are underway to begin the re-entry of a fourth Southern Prospect Area well in mid-August.

The 625,000 acre Southern Prospect Area includes leases covering in excess of 16,000 acres with an 85% to 87% net revenue interest and numerous re-enterable wellbores with modern logs.

The Southern Prospect Area is contiguous to Lynden's 900,000 acre Northern Prospect Area, where present lease holdings cover in excess of 110,000 acres. Lynden has a 55% before payout working interest (41.25% after payout working interest) in an 80% net revenue interest in the Northern Prospect Area.

Lynden acquired the working interest in the Southern Prospect Area by paying USD \$5,000,000. The effective date of the acquisition is April 1, 2007.

About the Paradox Basin Project

With the acquisition of the Southern Prospect Area, the Paradox Basin Project now includes two contiguous oil and gas prospect areas covering in excess of 1,525,000 acres established by Lynden, its working interest partners, and the project operator, a middle tier Texas-based oil and gas company with substantial experience in the area.

The Paradox Basin Project lease holdings now cover in excess of 126,000 acres. The operator is targeting gas production from shales and other Paradox Basin lithologies. The operator's exploitation program is based on commingling production from multiple zones, which has been successfully done by other operators in the Paradox Basin.

ON BEHALF OF THE BOARD OF DIRECTORS
LYNDEN VENTURES LTD.

"Colin Watt"
President and CEO