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April 19, 2007
TSXV: LVL

PARADOX BASIN PROJECT UPDATE

VANCOUVER, BC (April 19, 2007) – Lynden Ventures Ltd. (TSXV: LVL) reports that after returning to its first re-entry well to carry out additional completions up-hole of previously completed shale zones, the Company now has two Paradox Basin Project shut-in gas wells waiting for connection to sales. A rate of 300 thousand standard cubic feet per day was measured in the recently completed zones in the first re-entry well. As previously reported, Lynden's second re-entry well had a measured initial production rate of greater than 1.5 million standard cubic feet per day from the zones that were accessed for this production test.

Additional operations are under consideration for both re-entry wells to further optimize the productive capabilities of these wells once the proposed gathering system and tie-ins are in place.

Based on the results from these two re-entry wells, the operator is preparing a multi-well program and an associated gathering system to explore and develop the Paradox Basin Project over the next 12 to 15 months.

About the Paradox Basin Project

Lynden has a 55% working interest and 44% net revenue interest in the Paradox Basin Project. Lynden's interest is subject to a back-in after payout of 13.75%, being 25% of 55%. The Paradox Basin Project covers an oil and gas prospect area established by Lynden, its working interest partners, and the project operator, a middle tier Texas-based oil and gas company with substantial experience in the area.

The Paradox Basin Project lease holdings in the prospect area presently cover in excess of 100,000 acres. The operator is targeting gas production from shales and other Paradox Basin lithologies. The operator's exploitation program is based on commingling production from multiple zones, which has been successfully done by other operators in the Paradox Basin.

ON BEHALF OF THE BOARD OF DIRECTORS
LYNDEN VENTURES LTD.

"Colin Watt"
President and CEO

WARNING: This news release contains forward-looking information, including but not limited to the belief that a multi-well program and an associated gathering system to explore and develop the Paradox Basin Project over the next 12 to 15 months will be carried out. The reader is cautioned that assumptions used in the preparation of such information, although considered accurate at the time of preparation, may prove incorrect. The actual results may vary materially from the information provided herein. Consequently, there is no representation by the company that actual results achieved will be the same as those forecast.